

First Aid on the Farm: Blood Loss

The ABCs of Bleeding

A - Alert! Call 9-1-1.

B - Bleeding! Find the source.

- Open or remove clothing to clearly see the wound.
- Look for and identify "life-threatening bleeding".

C - Compress! Apply pressure to the wound.

- Cover the wound with a clean cloth and apply pressure by pushing on it with both hands, **OR**
- Use a tourniquet, **OR**
- Pack the wound with gauze or clean cloth and then apply pressure.

Supplies:

- Gloves (optional, but recommended)
- 4" Israeli Bandage
- CAT Tourniquet

As the first responder, be sure to keep yourself safe! If you become injured you will not be able to help anyone.

Scan QR codes using your smart phone's camera to access the links.

Learn How to Stop the Bleed:



Stop the Bleed Project



FEMA: You are the Help Until Help Arrives



Video How to Stop the Bleed

Other Important First Aid Supplies:

Cardiac Issues:

- Heart Attack (MI) - bottle of 81 mg non-coated Aspirin

Airway Compromises:

- Asthma - Albuterol Rescue Inhaler (prescription)
- Anaphylaxis - Epinephrine Autoinjector (EpiPen) (prescription)

Burn Management:

- 12"x30" trauma dressing or sterile dressing with Telfa rolled gauze

Accessory Items:

- Flashlight/headlamp
- Trauma shears
- Rubber gloves
- Extra batteries for flashlight/headlamp
- First Aid Kit storage: small dry box or dry bag



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THE COMMITTEE ON TRAUMA



BLEEDINGCONTROL.ORG

1 APPLY PRESSURE WITH HANDS



2 APPLY DRESSING AND PRESS



3 APPLY TOURNIQUET



WRAP



WIND



SECURE



TIME

CALL 911

The 'Stop the Bleed' campaign was initiated by a federal interagency working group convened by the National Security Council Staff, 'The White House.' The purpose of the campaign is to build national readiness by better preparing the public to save lives by taking measures of first aid to stop life-threatening bleeding following everyday emergencies and mass incidents and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which accepts no responsibility for knowledge gained by the Government or the general public. 'Stop the Bleed' is a registered service mark of the Department of the Defense. Use of the equipment used in training does not guarantee that all bleeding will be stopped or that all lives will be saved.